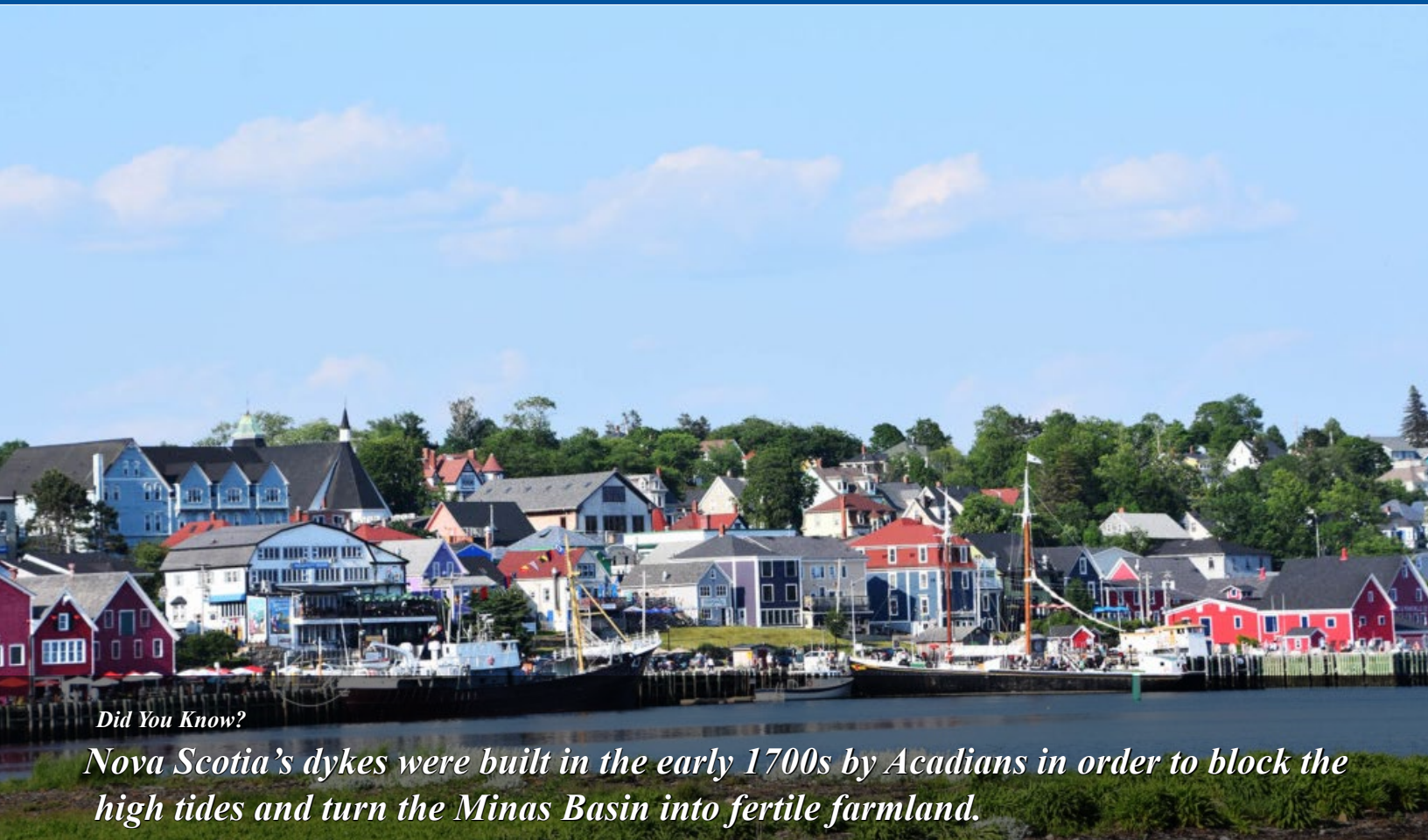


Nova Scotia



Did You Know?

Nova Scotia's dykes were built in the early 1700s by Acadians in order to block the high tides and turn the Minas Basin into fertile farmland.

6 Days / 5 Nights | **Rating:** Easy-Intermediate | **Start / End:** Halifax, NS

[See the Departure Dates and Pricing Details](#)



E-Bikes Available

Ocean breezes, seaside towns, sandy shores, and fishing villages- You are in Nova Scotia, the hidden gem of Canada. Savor a selection of the best seafood on the Atlantic Coast, live through time, and witness some of the world's highest tides and the innovative dykelands that contain them. Cycle through the stunning countryside, past the sapphire blues of the Atlantic Ocean, and along sleepy fishing villages on this Nova Scotia Bicycle Tour.

Our journey begins in Annapolis Royal, the birthplace of Canada and former capital of Nova Scotia. We pedal to the historic town of Wolfville and end our journey in the picture postcard coastal town of Lunenburg- immaculate with its preserved British colonial vibes, colorful homes, historic buildings, and a stunning harbor. During your stay, enjoy some of the quaint and historic inns of Nova Scotia, soak in the maritime weather, and warm up to the outstanding hospitality of this coastal community!

BOOK THIS TRIP:

[RESERVE ONLINE](#) | [CONTACT US](#) | [CALL 800.730.4771](#)



Travel the Sojourn Style



“I can’t speak highly enough of our Sojourn experiences.”

- Fred Miller, Sojourn Guest

EXPERIENCES, NOT BIKE TOURS

While we love our cycling, it makes up only one facet of what a true Sojourn trip entails. We believe in immersing ourselves in local cultures and discovering the hidden gems of the world.

UNWAVERING ATTENTION TO SERVICE

Our commitment to provide you with unwavering service starts from the moment you first interact with the Sojourn team. We believe the little details matter and make the Sojourn vacation a life-list worthy experience for our guests.

REGIONAL PLANNING SPECIALISTS

From Vietnam to France to Glacier National Park, we are committed to offering exceptional trips in regions with which we are deeply familiar. We personally design and operate each of our trips.

PROFESSIONAL TRIP LEADERS

Gracious, engaging, and intelligent, our expert team of tour leaders consist of professionals from all walks of life and make exceptional travel companions. Always a step ahead, they are adept at everything from spinning wrenches to whipping up fabulous picnic lunches.

PREMIER ACCOMODATIONS

We carefully select from some of World’s renowned hotels. From highly reviewed and acclaimed Hotel de Londres in San Sebastian, Spain or the Reverie Saigon, Vietnam, one of the leading hotels in the World.

YOUR VACATION, YOUR PACE

We believe that at the end of the day, you are at the helm of your own vacation. We offer an array of day-to-day options to enable you to approach each day at your own pace.

BOOK THIS TRIP
RESERVE ONLINE | CONTACT US | CALL 802.425.4771



Day 1



Annapolis Royal - Welcome to Nova Scotia! Meet your Sojourn leaders in Halifax, the capital of Nova Scotia, before making your way to the waterfront village of Annapolis Royal, a National Historic Site of Canada. After a brief bike fitting, set out on an introductory warm up ride along the streets of the town, which happens to be the birthplace of Canada. Pass by the well-preserved heritage buildings that line the lovely streets before reaching the country roads of Annapolis Valley that are surrounded by a lush patchwork of vibrant greens.

GOOD TO KNOW

While the accommodations are simpler than a typical Sojourn trip property, they are some of the best offerings in the region. These hotels provide the greatest access to our amenities and routes. In order to bypass roads and traffic, we will shuttle at certain points to allow the best possible experience here.

Return to Annapolis Royal and settle into the Queen Anne Inn, a beautiful Victorian mansion that is considered to be one of the finest properties in the Maritimes. Tonight, gather with your bicycling companions for a welcome reception and dinner.

LODGING:
Queen Anne Inn Annapolis Royal, NS
902-532-7850 queenanneinn.ns.ca/

CYCLING OPTIONS:
7 Miles

BOOK THIS TRIP ONLINE OR CALL 800-730-4771

Day 2



Port-Royal - After breakfast, set off on an easier ride past the Annapolis Royal Generating Station, the only tidal generating station in North America. Make your way to the Port-Royal National Historic Site, home to the historic Habitation at Port-Royal. This fort showcases early Acadian life, allowing visitors to step back into the earliest days of French exploration to gain an impression of how early settlers lived in one of the first European settlements in North America. After exploring this historic gem, head back into town for lunch and spend some time exploring Annapolis Royal on your own, or continue on and ride out to Parker's Cove to witness the tides

KEEPING YOU

We're constantly looking for ways to enhance our trips. We'll do our best to notify you of any changes in this itinerary. Other changes may be communicated to you on the trip by your leaders.

of the Bay of Fundy, or enjoy a coastal route to Victoria Beach. The Annapolis Royal Historic Gardens overlook a river valley and are worth a visit if you choose to stay in town and were named Canada's 2015 Garden of the Year. Dinner tonight will be held at one of Annapolis Royal's most acclaimed restaurants, serving delectable and fresh local fare.

LODGING:

Queen Anne Inn Annapolis Royal, NS
902-532-7850 queenanneinn.ns.ca/

CYCLING OPTIONS:

17 Miles
34 Miles

Day 3



Minas Basin - Today marks the biggest riding day of the tour, as we travel through backcountry farmlands, small towns and villages, farmer's stands, and iconic Nova Scotian rolled haystacks. Enjoy a delicious lunch in Middleton, also known as "The Heart of the Annapolis Valley," before riding to the town of Wolfville, located on the shores of the stunning Minas Basin and home of the world's highest tides. Wolfville is known for its agricultural dykes, which were built by Acadian settlers in the 17th century. Settle into the Tattingstone Inn, a heritage property that exudes casual elegance. The rest of the day will be yours to relax at the hotel or to explore Wolfville, perusing the quaint shops or visiting nearby historic sites, including Fort Anne, famous for its role in the battles between the French and British during the 16th century. Dinner tonight will be held at the Tattingstone Inn, our hotel for the night.

LODGING:

Tattingstone Inn Wolfville, NS
902-542-7696 www.tattingstoneinn.com/

CYCLING OPTIONS:

30 Miles
48 Miles
74 Miles

Day 4



Wolfville - After a hearty breakfast made with fresh, local ingredients, set out on the shuttle to Mahone Bay. The Town of Mahone Bay is part of the Mi'kma'ki territory of the Mi'kmaq who have inhabited their traditional lands for over 13,500 years. Prior to arrival of the Europeans, Mi'kmaw lived in and around what is now Mahone Bay. Indian Point, just outside the town, was an important summertime settlement where the Mi'kmaq could enjoy the sheltered waters and plentiful food sources. In the winter, they would move inland from the coast using the rivers that flow into Mahone Bay harbour. There are many Mi'kmaq who live in the area today.

From here, enjoy a savory lunch by the Atlantic Ocean before pedaling to Mahone Bay along quiet seaside roads, riding by peaceful bays and inlets en route to the vibrant town of Lunenburg, a UNESCO World Heritage Site. Lunenburg entices with its picturesque setting, featuring colorful buildings with stunning Mahone Bay providing a tranquil background to this historic town. From the heart of Lunenburg you will be transported to our hotel about 10 minutes away.

LODGING:

Lunenburg Arms Hotel & Spa, Lunenburg NS
902 640-4040 lunenburgarmshotel.ca

CYCLING OPTIONS:

8 Miles
18 Miles

Day 5



LaHave Islands - After breakfast, make your way to the small lobster-fishing community of LaHave for some wonderful seaside cycling. Journey through the sleepy seaside villages found on the Lahave Islands and watch lobster boats bring in their daily hauls. A late morning stop for tea and scones at LaHave Bakery is a treat, as this year-round bakery and cafe is considered a 20th-century riverside chandlery landmark. Make your way to the Crescent Beach and the Maritime Museum. Then bike along the Petite River and stop at the Osprey's Nest Public House or the Petite Riviere General Store for lunch on your own. You can also bring your lunch to the Petite Riviere Vineyards to taste their wine and then make your way back to the hotel. Tonight, join your fellow travelers and toast to your Nova Scotian adventure with a farewell dinner.



MULTIPLE ROUTE

Itching for that **EPIC** (Extra Pedal if Crazy) ride? No problem, we'll show you our favorite hills. Looking for more downtime? Your trip leaders will tell you the best days to take a break. All Sojourn tours have multiple route options to accommodate your riding skill or desires!

LODGING:

Lunenburg Arms Hotel & Spa, Lunenburg NS
902 640-4040 lunenburgarmshotel.ca

CYCLING OPTIONS:

Up to 40 Miles

BOOK THIS TRIP ONLINE OR CALL 800-730-4771



Day 6



Blue Rocks - Today we will ride to the lovely tiny fishing village of Blue Rocks. Blue Rocks has become a haven for artists and photographers who are drawn by the natural beauty of the coastal blue slate rocks. Retrace back to Lunenburg and then back to the hotel. We will freshen up and then check out of the hotel for lunch in Bridgewater and shuttle back to Halifax Airport for the end of the tour.

CYCLING OPTIONS:
10 Miles

Tour Accommodations



Queen Anne Inn

This 1865 Heritage property is beautifully set amongst stately Elm and Maple trees and is one of the finest properties in the Maritimes.

(2 nights)

494 Upper Saint George St
Annapolis Royal, Nova Scotia, Canada B0S 1A0
queenanneinn.ns.ca/ | 902.532.7850

Lunenburg Arms Hotel & Spa

In the heart of old Lunenburg sits the Lunenburg Arms, a boutique hotel with exceptional customer service and 24 wholly unique rooms.

(2 nights)

94 Pelham St,
Lunenburg, Nova Scotia, Canada B0J 2C0
lunenburgarmshotel.ca/ | 902.640.4040

Tattingstone Inn

This historic inn offers a casual, elegant setting and is known for its delicious breakfasts, which are created with fresh, local ingredient and made to order. **(1 night)**

620 Main St
Wolfville, Nova Scotia, Canada B4P 1E8
www.tattingstoneinn.com/ | 902.542.7696



Queen Anne Inn

BOOK THIS TRIP ONLINE OR CALL 800-730-4771



TOUR START	12:30pm – Group pick-up at Halifax Stanfield International Airport.
TOUR CONCLUSION	2:00pm – Group return to Halifax Stanfield International Airport. Departure flights should not be scheduled prior to 4:00pm.
TRAVEL TO/FROM TOUR	Fly into Halifax Stanfield International Airport (YHZ). Parking available at the airport (parking fee).
DAYS/NIGHTS	6 Days/5 Nights
INCLUDED MEALS	All breakfasts, 3 lunches, and 4 dinners.
ACTIVITIES	Cycling.
RATING	Easy/Intermediate - This tour has certain days or sections of routes that have gently rolling hills with some longer grades. However, those instances will be few and far between and the overall trip is at an easy level for cyclists who don't cycle often. Van options are available for those tougher segments if you choose to opt out, with routes averaging 10-75 miles per day.





EQUIPMENT	Road or hybrid bike, helmet, rear light, seat bag for road bike or rack bag for hybrid, map case, water bottle, and jersey. Bring clipless pedals, seat, or helmet for a more personalized fit.
VAN SUPPORT	Rides supported by a Sojourn van as well as a tour leader on a bicycle.
TOUR LEADERS	Two experienced tour leaders guide each trip from start to finish.
RIDE NOURISHMENT	A selection of snacks and refreshments are supplied throughout all rides.
RIDE INFORMATION	Detailed route directions, maps, and a daily briefing are provided.
OFFICE SUPPORT	At your service 9:00am – 6:00pm EST, Monday – Friday. 802-425-4771
DETAILED INFORMATION	A full complement of detailed trip and travel information will be provided upon confirmation of reservation.
E-BIKES & TANDEMS	Electric Assist Bikes are available on all tours where permitted (conditions apply). Tandems are also available on our US and Canada tours for an additional fee. Call us at 1-800-730-4771 for details.



HERE are the Departure Dates
and Pricing Details.



Lunenburg

Average	July	Aug	Sept
High °F	70°	71°	67°
Low °F	60°	60°	56°
Precip. Inches	3.6	3.9	4.1

WE'RE HAPPY TO CHAT!

Call: **802.425.4771**

Write: **info@gosojourn.com**

Visit: **GoSojourn.com**

PRICES & SCHEDULE

All prices and schedules are subject to change at any time.
Click HERE to view the latest departure dates & prices.

